

North Sound Behavioral Health  
Administrative Services Organization  
**Board of Directors**  
Meeting Agenda

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April 10<sup>th</sup>, 2025

**Board of Directors Members Present  
in Person:**

**Members Present via MS Teams:**

**North Sound Behavioral Health  
Administrative Services Organization  
(North Sound BH-ASO) Staff Present:**

**Guests Present:**

- 1. Call to Order and Introductions** – Chair
- 2. Tribal Acknowledgement** – Chair  
[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://www.nsbhaso.org)
- 3. Revisions to the Agenda** – Chair
- 4. Approval of the March 14<sup>th</sup>, 2025, Minutes, Motion #25-12** – Chair.... Attachment
- 5. Comments & Announcements from the Chair** - Chair
- 6. Reports from Members** - Chair
- 7. Comments from the Public** - Chair
- 8. Report from the Advisory Board** (Available at Meeting) ..... Attachment  
Kara Allen, Advisory Board Chair
- 9. Report from the Finance Officer** (Available at Meeting) ..... Attachment  
Margaret Rojas, Assistant Director
- 10. Report from the Governance Operations Committee** - Chair

*All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.*

**Consent Agenda** - Chair (Available at Meeting) .....Attachment

**Motion #25-13**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1<sup>st</sup>, 2025, through March 31<sup>st</sup>, 2025, in the amount of \$.
- Payroll for the month of March in the amount of \$ and associated employer benefits in the amount of \$.

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**11. Action Items** – Margaret Rojas, Assistant Director

**For Board Approval**

**North Star Connect – Stronger Together Symposium**

Skagit County is seeking funding to support the inaugural North Star Symposium. North Star is a multi-sector collaborative bringing together county and city elected officials, community service providers, healthcare professionals, faith-based communities, and individuals with lived experience to identify more effective ways to respond to homelessness in Skagit Count. This effort aims to improve the behavioral health system and expand the availability of affordable housing. Funding will assist with covering costs associated with venue, food, and symposium speakers.

**Motion #25-14**

NORTH SOUND BH-ASO-SKAGIT COUNTY-PSC-25 in the amount of \$35,000.00 Mental Health Block Grant (MHBG) Funds for the North Star Symposium. The contract term is April 1, 2025, through June 30, 2025.

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**Evergreen Recovery Centers – Homeless Outreach Stabilization & Transition (HOST Program)**

Evergreen Recovery Centers received start-up funding in July 1, 2024 to expand the HOST Program into Skagit and Island Counties. They have exhausted start-up funds and have requested the ongoing funding for the Skagit Island (SKIL) Host Program. Funding will be prorated through June 30, 2025. Any unspent funds will not roll over.

**Motion #25-15**

NORTH SOUND BH-ASO-EVERGREEN RECOVERY CENTERS-ICN-23 AMD 6 in the amount of \$261,000 to provide additional funding for the SKIL HOST Program. Funding will be available through June 30, 2025.

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**Lifeline Connections – Housing and Recovery through Peer Services (HARPS)**

Lifeline Connections receives funding for HARPS subsidies and the HARPS team. Lifeline Connections has fully utilized their HARPS subsidy funding. North Sound BH-ASO has unallocated HARPS funds that Lifeline may utilize through June 30, 2025. Any unspent funds will not roll over.

**Motion #25-16**

NS BH-ASO-LIFELINE CONNECTIONS-FGB-23 AMD 7 in the amount of \$50,000 to provide additional HARPS funding through June 30, 2025.

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**American Rescue Plan ACT (ARPA) Funding – Notice of Suspension**

Effective March 24, 2025, the Substance Abuse and Mental Health Services Administration (SAMHSA) terminated multiple COVID-19 pandemic-related grants, including those funded under the American Rescue Plan Act (ARPA) Act. North Sound BH-ASO received notification from Health Care Authority (HCA) on March 27, 2025, suspending funds for activities under our contract, those activities are suspended immediately.

North Sound BH-ASO sent notification on March 28, 2025, to the below downstream contracts that their organization will no longer receive ARPA funding, effective March 24, 2025, for the identified programs/services pursuant to the terms and conditions of their contract. Invoices will be paid through March 24, 2025, any balance remaining on our ARPA grant will be returned to the Health Care Authority.

- Evergreen Recovery Centers
  - Mental Health Infant Specialist
- Lifeline Connections
  - Peer Pathfinders Transition from Incarceration Pilot
  - Medication Assisted Treatment (MAT) in Island County
  - Peer Pathfinder Support Services Funds
- Northwest Education Service District (NWESD)
  - School Prevention Specialist (Coupeville School District)
- Snohomish County Superior Court
  - Juvenile Treatment Services (ARPA funding only)
- Volunteers of America (VOA)
  - Crisis Line – Emergency Response for Suicide Prevention (ERSP) Program

**Motion #25-17**

NORTH SOUND BH-ASO-EVERGREEN RECOVERY CENTERS-ICN-23 AMD 6 to terminate ARPA funding for Mental Health Infant Specialist services in Snohomish County. This was an annual funding allocation in the amount of **\$100,000.00**.

NS BH-ASO-LIFELINE CONNECTIONS-FGB-23 AMD 7 to terminate ARPA funding in the amount of **\$71,020.00** for Peer Pathfinders Transition from Incarceration Pilot (Whatcom/Skagit counties), **\$60,000.00** for MAT in Island County, and \$7,818.00 in **Peer Pathfinder Support Funds**. All funding allocations were annual.

NORTH SOUND BH-ASO-NORTHWEST EDUCATIONAL SERVICE DISTRICT-PSC-23 AMD 2 to terminate ARPA funding for a School Prevention Specialist in Coupeville School District (Island County). This was an annual funding allocation in the amount of **\$25,000.00**.

NORTH SOUND BH-ASO-SNOHOMISH COUNTY SUPERIOR COURT-ICN-23 AMD 6 to terminate ARPA funding for Juvenile Treatment Services in Snohomish County. This was an annual funding allocation in the amount of **\$95,444.00**.

NORTH SOUND BH-ASO-VOA-ICCN-23 AMD 6 to terminate ARPA funding for 24-hour Crisis Line. This was an annual funding allocation in the amount of **\$66,666.00**.

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**12. Introduction Items**

None at this time

**13. DRAFT Report from the Executive Director** ..... Attachment  
JanRose Ottaway Martin, Executive Director

**14. Adjourn** - Chair

*Next Meeting: May 8<sup>th</sup>, 2025*

## Board of Directors

### Meeting Minutes

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March 13<sup>th</sup>, 2025

#### **Board of Directors Members Present in Person:**

- Barry Buchanan, County Council, Whatcom County; Board Chair
- Peter Browning, Commissioner; Skagit County
- Jill Johnson, Commissioner; Island County
- Amanda Franke, Human Services, designated alternate for Dave Somers, County Executive; Snohomish County
- Christi Brua-Weaver, designated alternate for Peter Browning, Commissioner; Skagit County

#### **Members Present via MS Teams:**

- Justin Paulsen, County Council; San Juan County
- Nicole Gorle, Legislative Analyst, designated alternate for Nate Nehring, County Council; Snohomish County
- Darcy Cheesman, Legislative Aid, designated alternate for Sam Low, County Council; Snohomish County
- Jamie Mitchell, Human Services Manager, designated alternate for Justin Paulsen, County Council; San Juan County
- Malora Christensen, Response Systems Division Manager, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- Cynthia Foley, Legislative Analyst, designated alternate for Strom Peterson, County Council;

## Snohomish County

### **North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:**

- JanRose Ottaway-Martin,  
Executive Director
- Margaret Rojas, Assistant  
Executive Director
- Kim Nakatani, Sr. Accountant
- Charles DeElena, Compliance  
Officer, Business Improvement  
Manager
- Maria Arreola, Sr.  
Administrative Assistant
- Joanie Wenzl, Clerk of the  
Board

### **Guests Present:**

No guests were present

### **Call to Order and Introductions – Chair**

The Chair called the meeting to order and had members introduce themselves

### **Tribal Acknowledgement – Chair**

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://nsbhaso.org)

The Chair read the Tribal Acknowledgement

### **Revisions to the Agenda – Chair**

No additions to the agenda were requested

### **Approval of the February 13th, 2025, Minutes, Motion #25-08-Chair**

Peter Browning moved the motion for approval, Amanda Franke seconded, all in favor, none opposed, none abstained, motion #25-08 carried

### **Comments & Announcements from the Chair – Chair**

There were no comments or announcements from the Chair

### **Reports from Members – Chair**

The board members gave updates on the current behavioral health happenings in their respective counties

### **Comments from the Public – Chair**

There were no comments from the public, as none were in attendance

### **Annual Compliance Report (2024)**

Charles DeElena, NS BH-ASO Compliance Officer

Charles gave the Annual Compliance Report. He asked members to contact him should there be any additional questions. His email address is: [compliance\\_officer@nsbhaso.org](mailto:compliance_officer@nsbhaso.org)

### **Report from the Advisory Board**

Kara Allen, Advisory Board Chair

The Advisory Board Chair was not in attendance today, so JanRose gave the Report from the Advisory Board regarding the meeting that took place on March 3<sup>rd</sup>

### **Report from the Finance Officer**

Margaret Rojas, Assistant Director

Margaret gave the Report from the Finance Officer and answered questions

### **Report from the Governance Operations Committee - Chair**

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### **Consent Agenda - Chair**

#### **Motion #25-09**

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from February 1<sup>st</sup>, 2025, through February 28<sup>th</sup>, 2025, in the amount of \$4,754,782.48.
- Payroll for the month of February in the amount of \$303,555.37 and associated employer benefits in the amount of \$125,088.55.

Peter Browning moved the motion for approval, seconded by Amanda Franke, none opposed, none abstained, all in favor, motion #25-09 carried

**Action Items** – Margaret Rojas, Assistant Director

<b>For Board Approval</b>
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**Center for Human Services**

Center for Human Services (CHS) is a Behavioral Health Agency (BHA) that provides youth and family outpatient mental health and Substance Use Disorder (SUD) services in Snohomish County, including in school-based settings. This is a fee for service contract.

**Motion #25-10**

NS BH-ASO-CHS-ICN-25 for the provision of outpatient services in Snohomish County. The contract term is March 1, 2025, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on compliance with the terms of this contract.

Amanda Franke moved the motion for approval, Peter Browning seconded, all in favor, none opposed, none abstained, motion #25-10 carried

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**Assisted Outpatient Treatment (AOT) Court Services**

North Sound BH-ASO has been coordinating with the Snohomish County Prosecutor's Office, the Snohomish County Public Defender Association, and the Snohomish County Clerk's Office to prepare court services associated with Assisted Outpatient Treatment, with a proposed effective date of March 1, 2025. Funding is

- The Snohomish County Prosecuting Attorney's Office will represent the individuals or agencies petitioning for AOT orders in all court proceedings in accordance with RCW 71.05. They will also review AOT petitions for legal sufficiency.
- The Snohomish County Public Defender Association (SCPDA) will represent the individuals being petitioned for AOT orders in all court proceedings in accordance with RCW 71.05. SCPDA will provide a part-time defense attorney and part-time social worker to represent all persons who are not represented by counsel and who are AOT participants.
- The Superior Court Clerk is responsible for processing all court documents relating to AOT including AOT petitions, declarations, orders, petitions for revocation, notices of hearings, and others. They are responsible for keeping minutes of AOT hearings, filing orders entered during court, and entering information into the statewide court system.

#### **Motion #25-11**

NS BH-ASO-SNOHOMISH PROSECUTING ATTORNEY-AOT-25 to provide funding in the amount of \$16,543.00 for court services in Snohomish County. This is a 6-month funding allocation. The contract term is March 1, 2025, through February 28, 2026, with an automatic one-year renewal on March 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-SCPDA-AOT-25 to provide funding in the amount of \$57,014.00 for court services in Snohomish County. This is a 6-month funding allocation. The contract term is March 1, 2026, through February 28, 2026, with an automatic one-year renewal on March 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-SNOHOMISH CLERKS OFFICE-AOT-25 to provide funding in the amount of \$4,832.00 for court services in Snohomish County. This is a 6-month funding allocation. The contract term is March 1, 2026, through February 28, 2026, with an automatic one-year renewal on March 1, 2026, based on continued compliance with the terms of the contract.

Barry Buchanan moved the motion for approval, Amanda Franke seconded, all in favor, none opposed, none abstained, all in favor, Motion #25-11 carried

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#### **Report from the Executive Director**

JanRose Ottaway Martin gave the Executive Director's Report. Topics included:

- Weekly Crisis Metrics Report
- BHASO Reserve Funds
- Lynnwood Crisis Care Facility
- North Sound BH-ASO Advisory Board Olympia visit
- Legislative Update
- Endorsed Mobile Rapid Response Crisis Team(s) (MRRCT) in our region

She answered questions from board members

**Adjourn 2:10 p.m.** - Chair

*Next Meeting:* April 10<sup>th</sup>, 2025

**Weekly Crisis Metrics Report:**

See attached.

**BHASO Reserve Funds**

There has been no update on this issue since last month.

**ARPA/COVID SAMHSA Grants:**

Health Care Authority (HCA) has received notice from the federal government that ARPA/COVID grants are ended as of 3/24/25. These grants were meant to run through September 2025. While much of our grants had been fully utilized, we have approximately \$1.7 million remaining at North Sound BHASO. Of that \$1.7 million, \$732,888 was in contract with \$534,184 not yet billed.

- North Sound BHASO sent letters to all agencies and affected groups on Friday with agency/program-specific notices. Where we could, we utilized other funds to cover expenses.
- HCA is working to identify full impact and whether Washington State will pursue legal action.
- Normally, towards the end of these types of grants, North Sound BHASO would work to utilize remaining funds to cover existing crisis services and spend down the funds. Given that these funds would have run until September, we had just started to substitute unspent funds for other fund sources within our crisis system. We will not be able to do so moving forward.

**HB 1813**

At this point, the language speaking to Medicaid Reprocare planning has been removed from HB 1813. It still includes language regarding mandatory delegation of Crisis Relief Centers.

**House and Senate Budgets:**

The majority of the cuts on the House and Senate Budgets have minimal impact to BHASO budgets statewide. The major question mark is Recovery Navigator Program (RNP).

- Governor's Budget: Recommends 50% cut
- House Budget: Recommends 10% cut, includes language that speaks to BHASOs potentially being able to use their reserves to cover the difference, has language that indicates some funding would be protected for Snohomish, Skagit, and Pierce County programs.
- Senate Budget: Recommends 100% cut of RNP

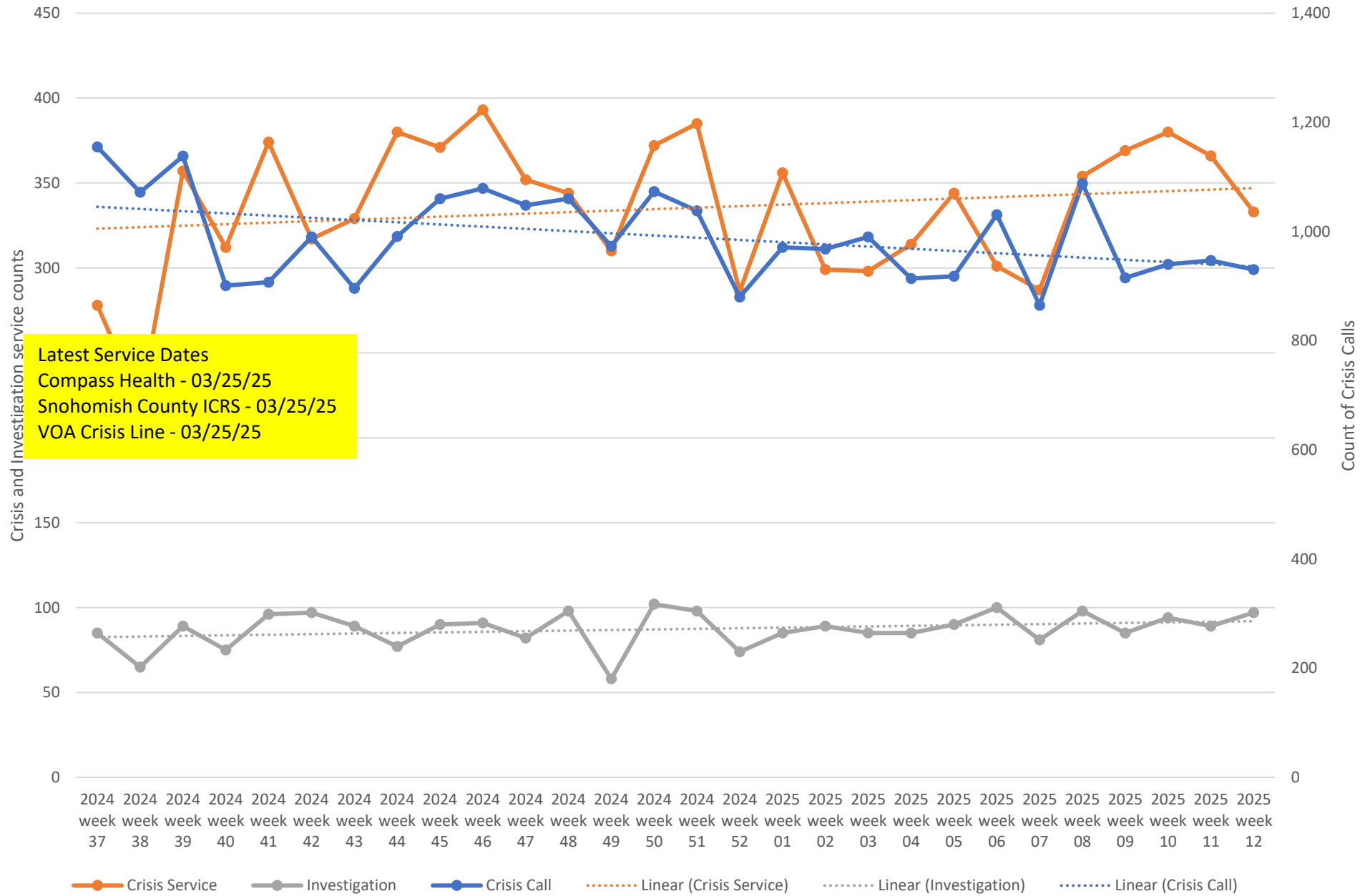
We are presuming there will be cuts to this program but not a 100% cut as the House and Senate work together on their budgets.



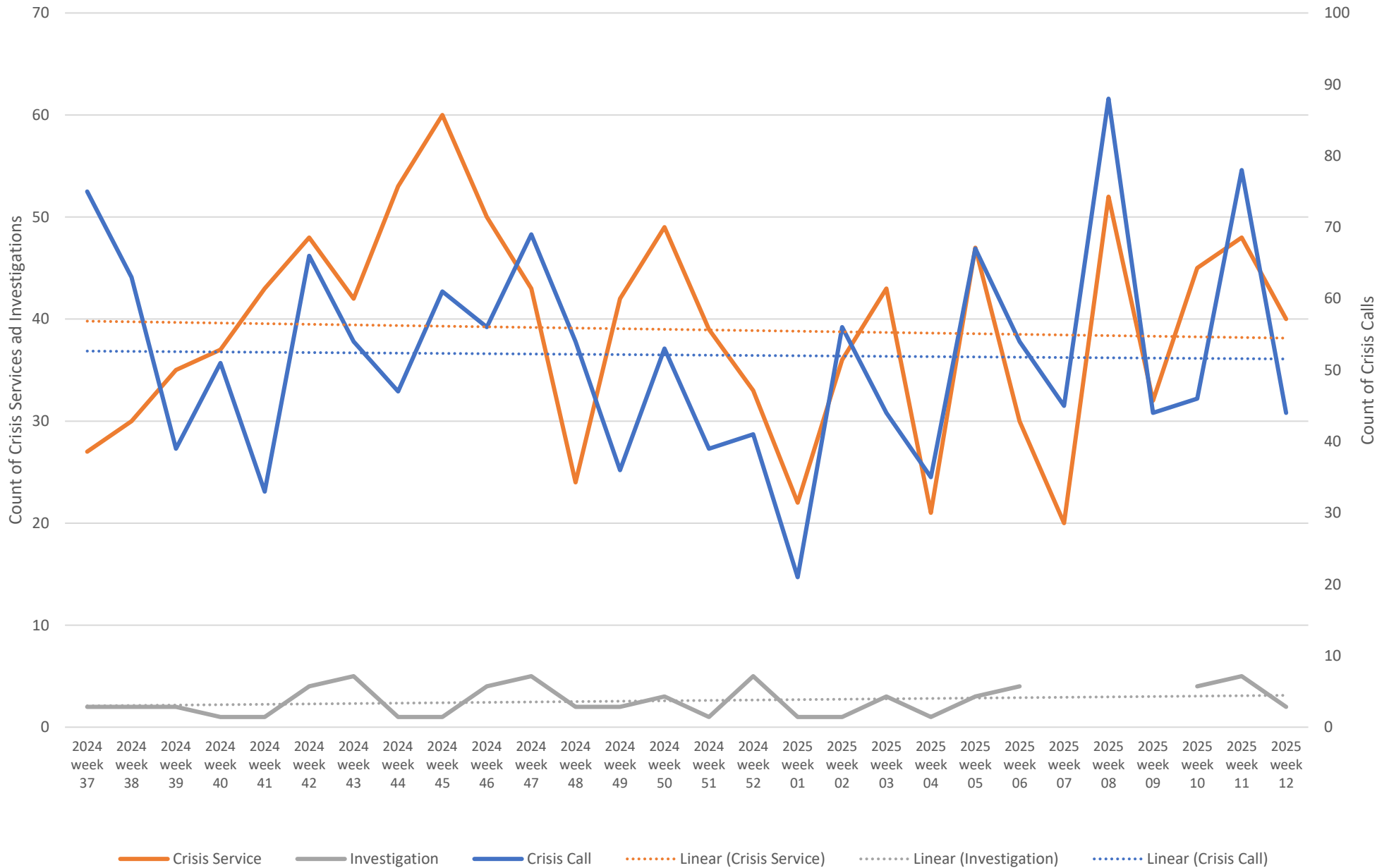
## Weekly Crisis Capacity Indicator Snapshot

Page 2	Crisis Data - dates 09/08/24 to 03/22/25
Page 3	Crisis Data: Ages 0-17 - dates 09/08/24 to 03/22/25
Page 4	All DCR Dispatches - dates 09/08/24 to 03/22/25
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 09/08/24 to 03/22/25
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 09/08/24 to 03/22/25
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	North Sound BH ASO Walkaway Chart 09/08/24 to 03/22/25

# Crisis Data - dates 09/08/24 to 03/22/25



# Crisis Data: Ages 0-17 - dates 09/08/24 to 03/22/25



# All DCR Dispatches - dates 09/08/24 to 03/22/25

120

100

80

60

40

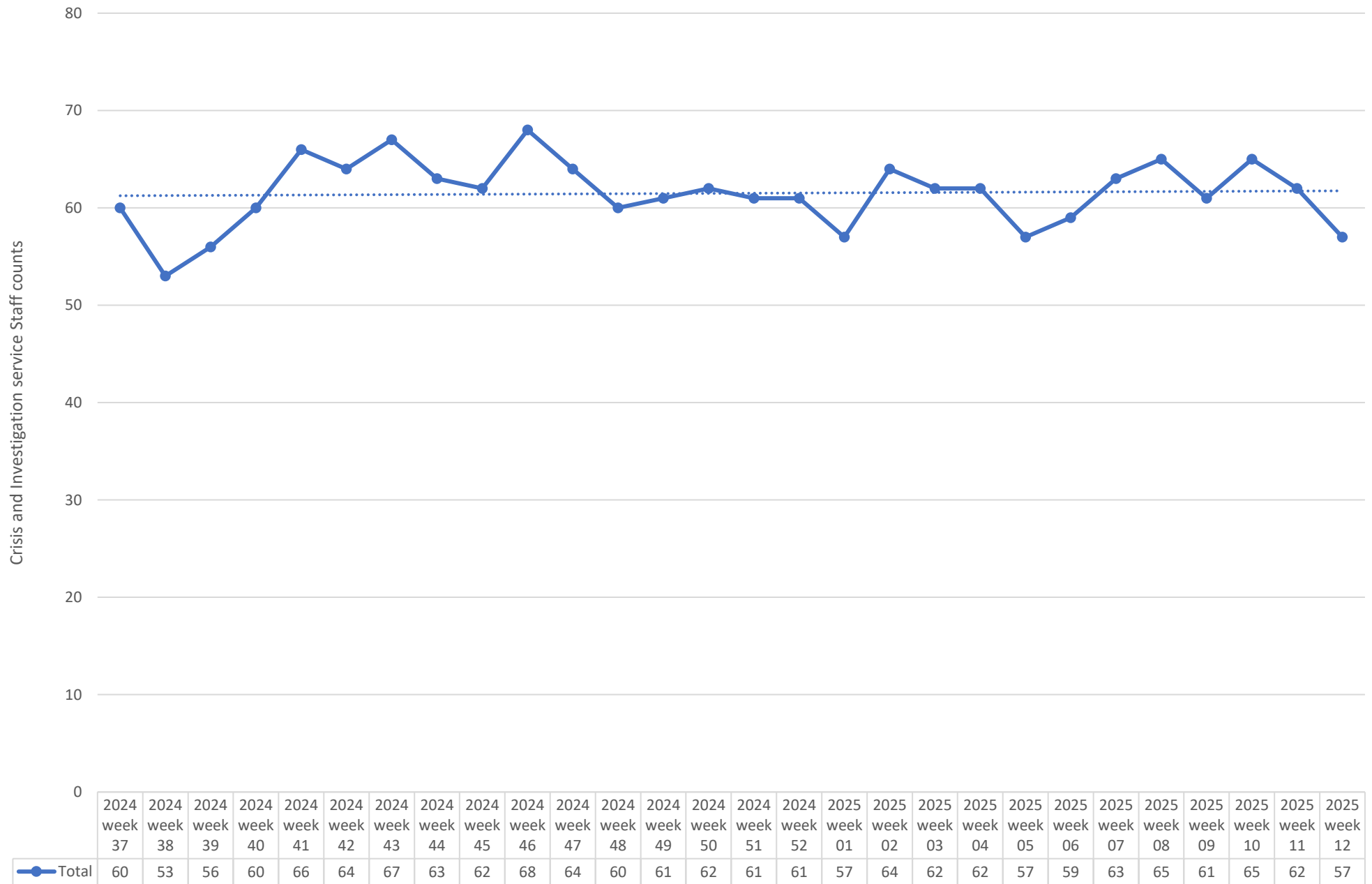
20

0

■ dispatch resulting in other outcome  
■ dispatch resulting in detention

2024 week 37	2024 week 38	2024 week 39	2024 week 40	2024 week 41	2024 week 42	2024 week 43	2024 week 44	2024 week 45	2024 week 46	2024 week 47	2024 week 48	2024 week 49	2024 week 50	2024 week 51	2024 week 52	2025 week 01	2025 week 02	2025 week 03	2025 week 04	2025 week 05	2025 week 06	2025 week 07	2025 week 08	2025 week 09	2025 week 10	2025 week 11	2025 week 12
72	59	69	53	71	64	60	58	74	67	54	71	36	72	62	47	53	61	56	59	70	66	54	74	62	67	77	69
40	30	32	26	33	38	32	24	23	29	32	26	27	29	37	30	28	27	33	21	29	37	28	28	27	32	21	36

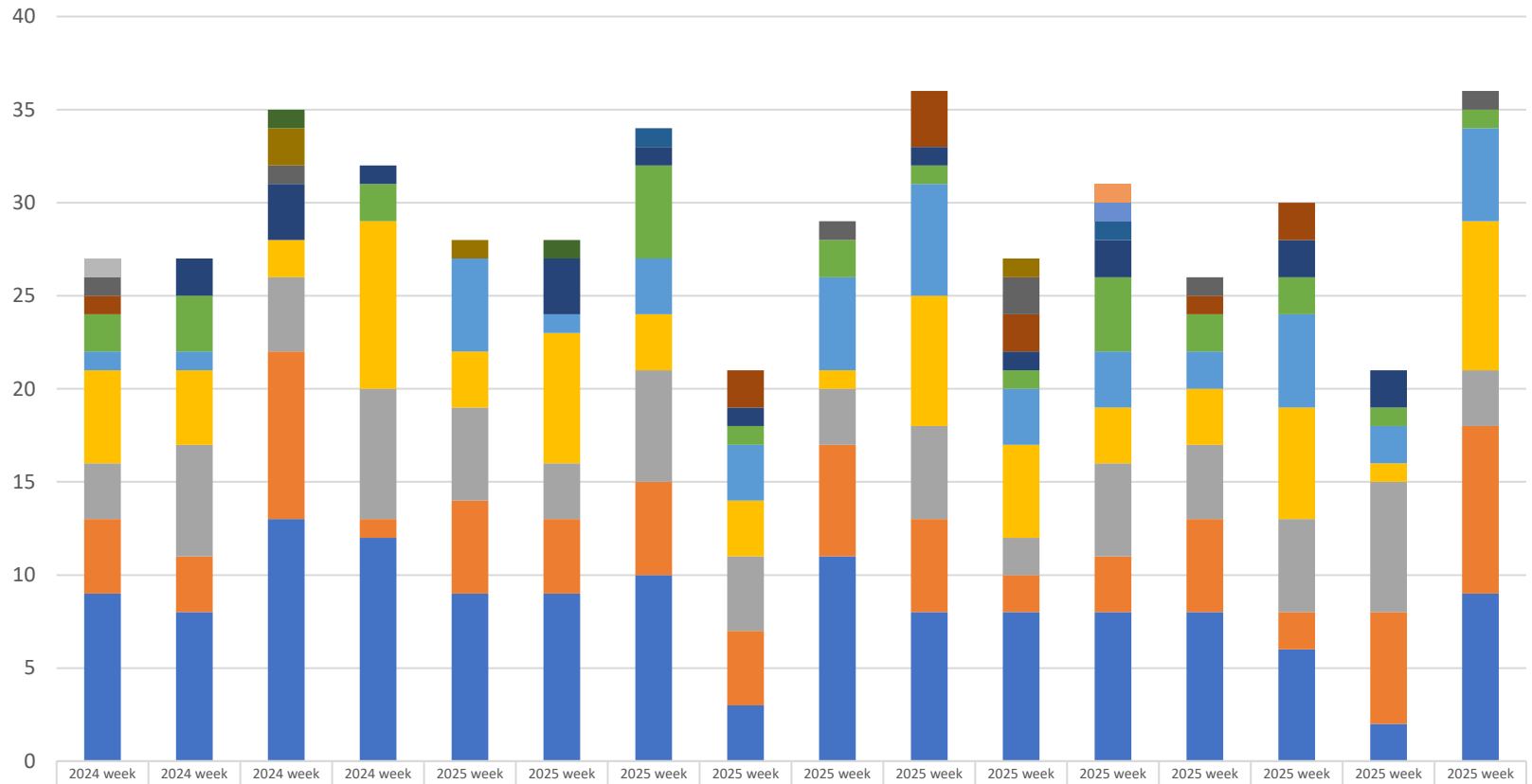
Weekly Staff Count - Staff providing Crisis or Investigation services 09/08/24 to 03/22/25



2025 week 12 ending 01/00/00

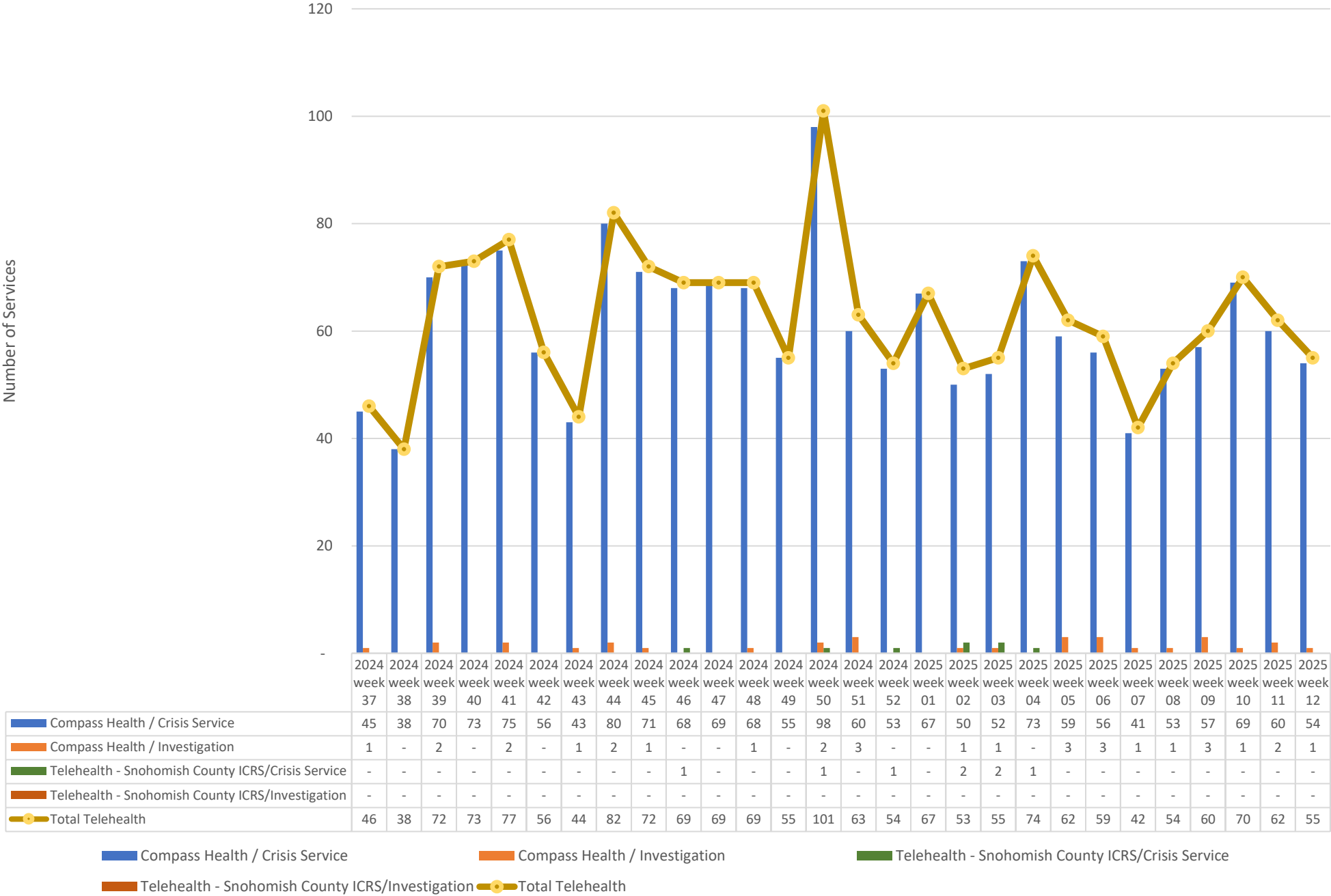
# Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

Count of hospital placement locations in the dispatch record

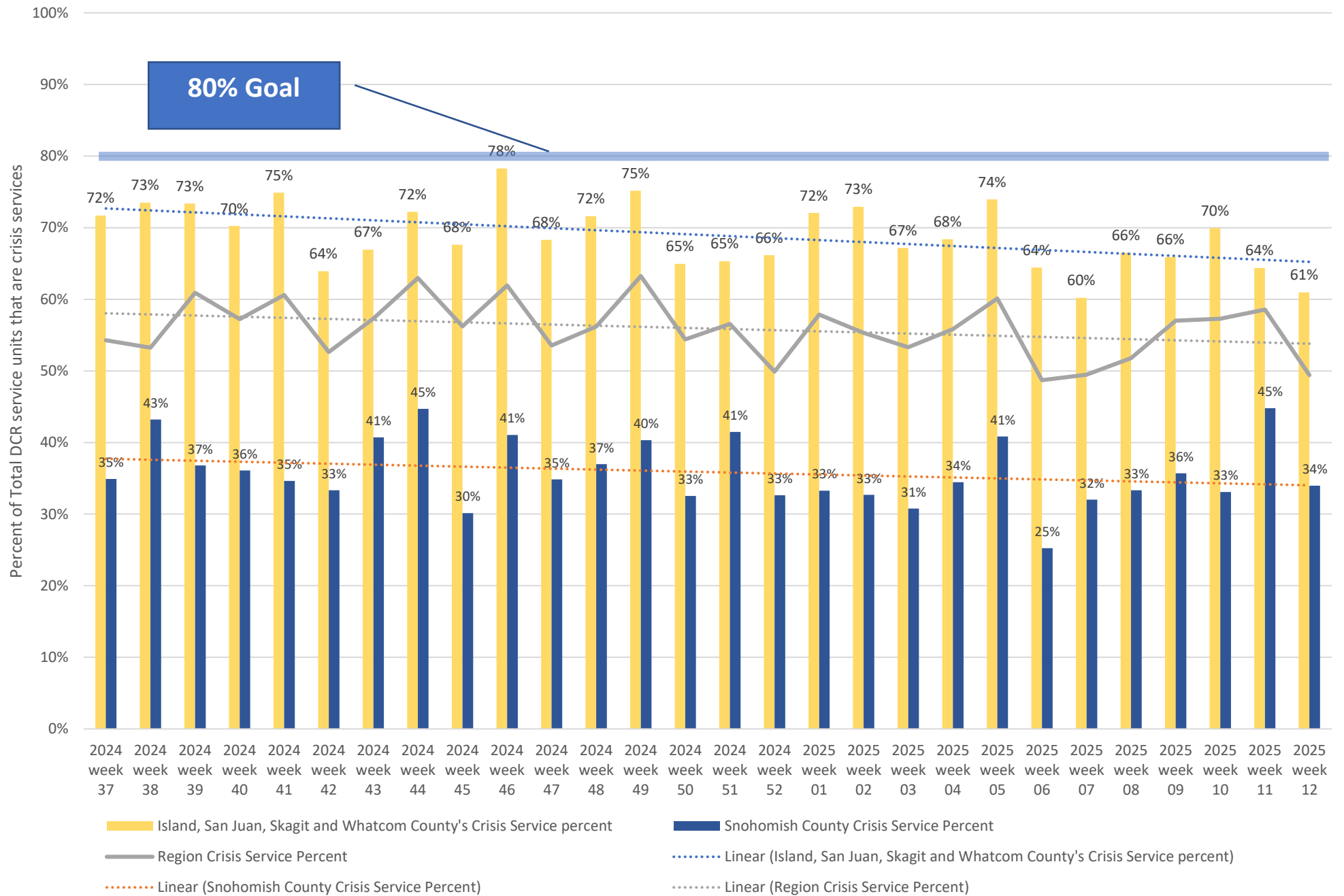


South Sound Vest Thurston	1															
Pierce EandT TELECARE												1				
Multicare Behavioral Health Inpatient Services - Auburn												1				
VALLEY GENERAL HOSPITAL			1			1										
Swedish Mill Creek							1					1				
THURSTON/MASON EandT FACILITY			2		1						1					
ABHS Chehalis	1		1						1		2		1			1
Telecare North Sound Evaluation and Treatment	1							2		3	2		1	2		
BHC Fairfax Hospital INC		2	3	1		3	1	1		1	1	2		2	2	
Mukilteo	2	3		2			5	1	2	1	1	4	2	2	1	1
SMOKEY POINT BEHAVIORAL HOSPITAL	1	1			5	1	3	3	5	6	3	3	2	5	2	5
SWEDISH EDMONDS	5	4	2	9	3	7	3	3	1	7	5	3	3	6	1	8
Peacehealth Bellingham	3	6	4	7	5	3	6	4	3	5	2	5	4	5	7	3
Skagit Valley Hospital	4	3	9	1	5	4	5	4	6	5	2	3	5	2	6	9
Providence Everett	9	8	13	12	9	9	10	3	11	8	8	8	8	6	2	9

Telehealth only, crisis and investigation services from 09/08/24 to 03/22/25



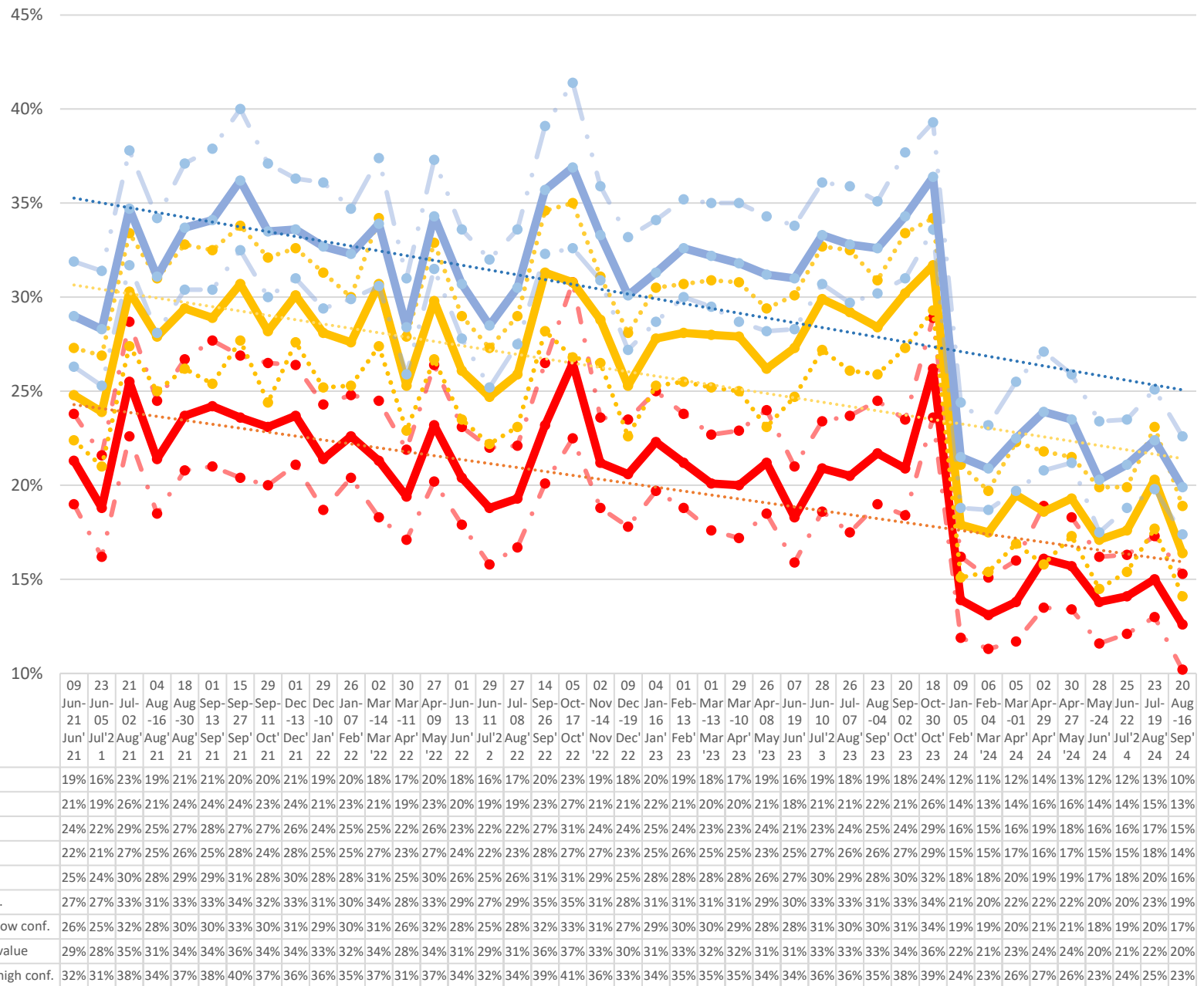
# Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



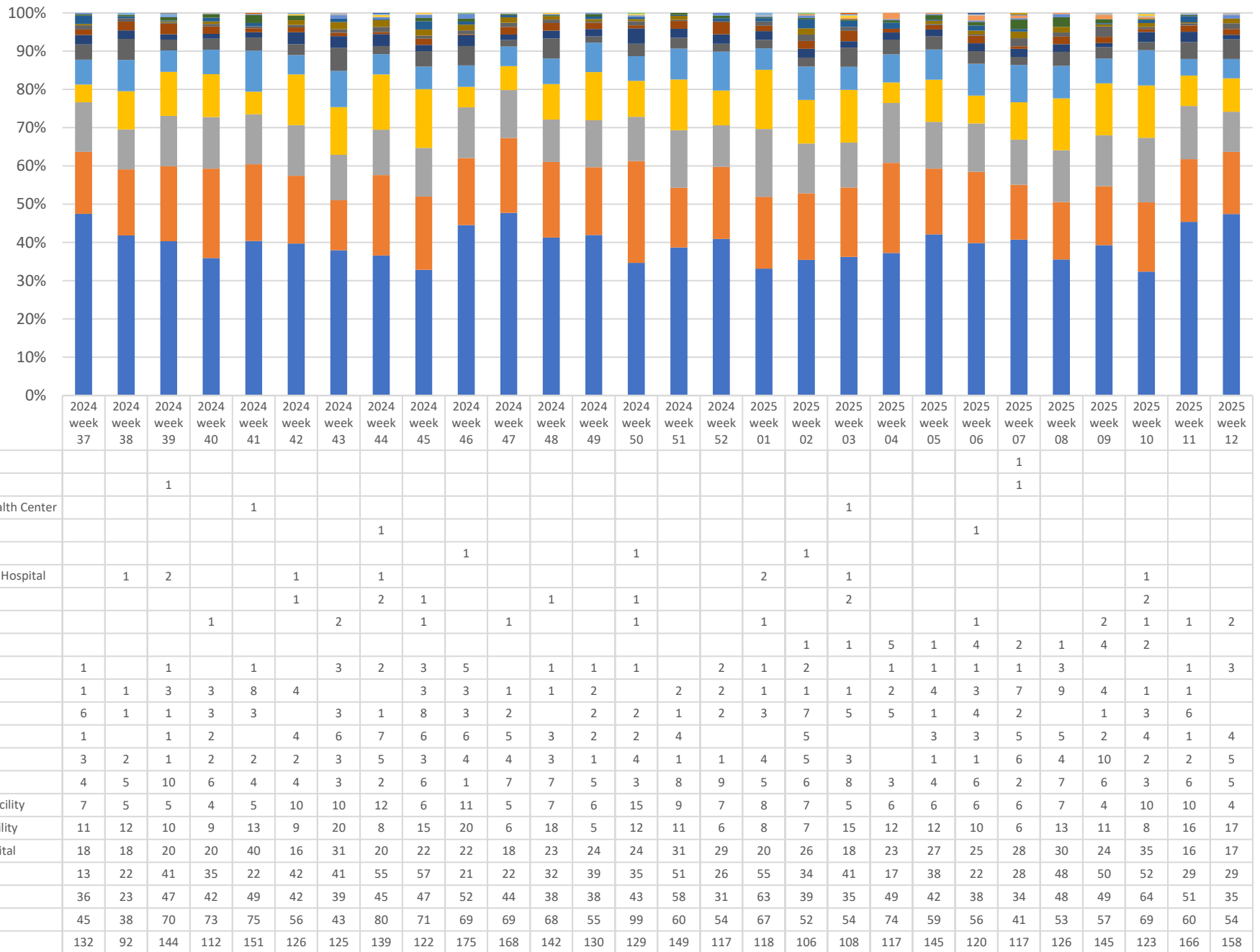
# Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

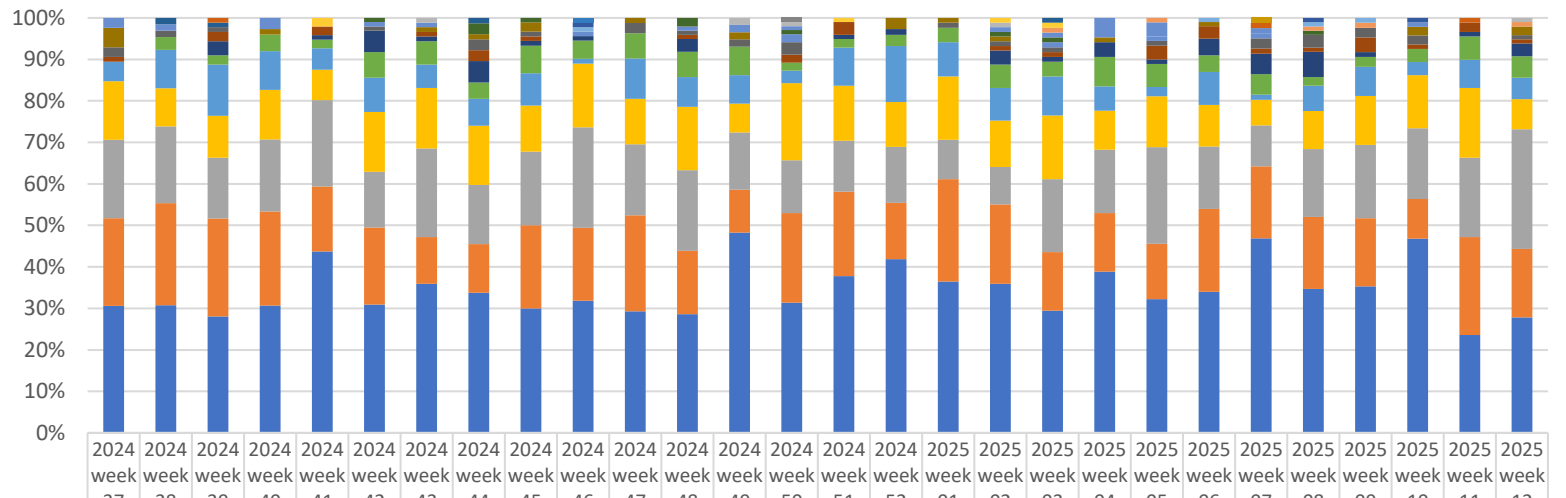
<https://data.cdc.gov/NCHS/Indicator-s-of-Anxiety-or-Depression-Based-on-Repor/8pt5-q6wp>



Place of Service -Crisis Services, percent of total by week



### Place of Service -Investigations, percent of total by week



■ Non residential Substance Abuse Treatment Facility									1																	
■ Urgent Care Facility																					1					
■ Temporary Lodging													1													
■ Residential SUD			1																		1					1
■ Nursing Facility									1													1			1	
■ On Campus Outpatient Hospital		1	1					1										1								
■ Skilled Nursing Facility									1											1			1	1		
■ Community Mental Health Center					2									1			1	1								
■ School							1					1	1				1									1
■ Homeless Shelter																		1		1			1	1		
■ Psych. Residential									1				1				1	1		3		1				
■ Custodial Care Facility						1		2	1			2		1			1	1					1			
■ Office	2	1		2		1	1					1	1	2					1	4	1		1			1
■ Assisted Living Facility	4			1			1	1	2		1		1			2	1	1			1				2	
■ Unassigned	2	1	1			1		2	1		2	1	1	3			1	1	1		1		2	3	2	2
■ Telehealth	1		2		2		1	2	1			1		2	3			1	1		3	3	1	1	3	1
■ Group Home			3		1	5	1	4	1	1		3			1	1		3	1	3	1	4	4	6	1	
■ Other Place of Service		2	2	3	2	6	5	3	6	4	5	6	4	2	2	2	3	5	3	6	5	4	4	2	2	3
■ Inpatient Hospital	4	6	11	7	5	8	5	5	7	1	8	7	4	3	9	10	7	7	8	5	2	8	1	6	6	3
■ Inpatient Psychiatric Facility	12	6	9	9	7	14	13	11	10	14	9	15	4	19	13	8	13	10	13	8	11	10	5	9	10	
■ Prison Correctional Facility	16	12	13	13	20	13	19	11	16	22	14	19	8	13	12	10	8	8	15	13	21	15	8	16	15	
■ Home	18	16	21	17	15	18	10	9	18	16	19	15	6	22	20	10	21	17	12	12	12	20	14	17	14	
■ Emergency Room Hospital	26	20	25	23	42	30	32	26	27	29	24	28	28	32	37	31	31	32	25	33	29	34	38	34	30	

# North Sound BH ASO Walkaway Chart 09/08/24 to 03/22/25

